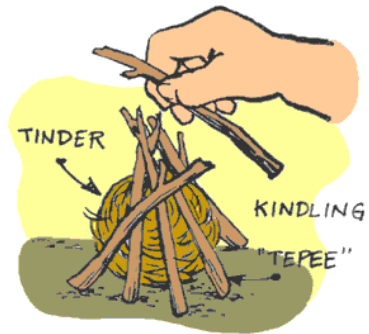
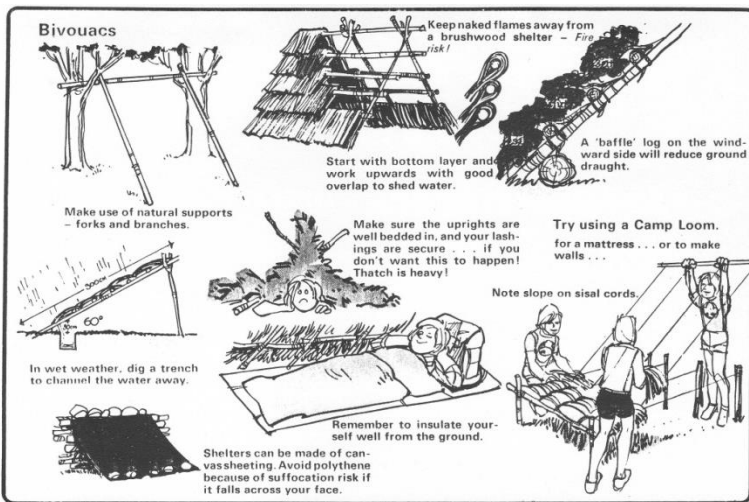


Your survival challenge

Keep warm, keep dry, Keep hydrated, do not injure yourself, gather resources, devise ways to alert rescuers.

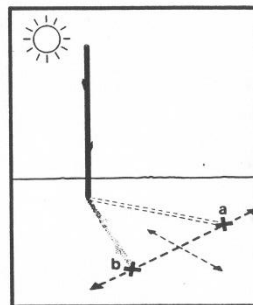
OK., you heard the briefing and now all you have to do is try and create the best chance for your team to survive in order to be found by rescuers.

1. Clear your area. 2. Set up a shelter. 3. Find water and create a reservoir. 4. Build a fire which we will try to light (time allowing). 5. Set up a direction finder or be able to point to North, east, South & West.



Shadow stick method #1

On a patch of flat, clear ground place a metre-long (3ft) stick as upright as possible. Note where its shadow falls and mark the tip with a pebble or stick (a). Wait at least 15 minutes and mark the new shadow tip (b). Join the two and you have the directions of east and west (3) — the first mark is west. North-south will be at right angles to this line. This method works at any time of day when there is sunshine and at any latitude. Use it for spot checks as you proceed.



Reservoir. Arrow shows direction of flow.
Dig out pit in water course to approx. 10 cms deep.

